

**GOT SKILLS?**

# MY SKILLS



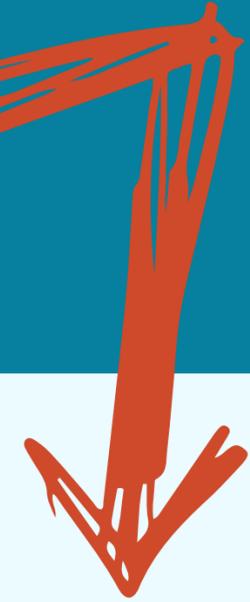
# INTRODUCTION

Today, we will

- \* Explore the work of DJ Livia, a B-Girl and DJ who embodies hip-hop.
- \* Reflect on our own innate skills.
- \* Celebrate the skills and talents of others.



# SEL CONNECTION



Today, we will practice **self awareness** by reflecting on our own skills, talents and abilities and **social awareness** by celebrating the skills and talents of others.





# ICEBREAKER

# TWO TRUTHS AND A LIE SKILLS VERSION



### TWO TRUTHS AND A LIE

Share two truths and one lie about skills you have.

"Three skills I have are \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_."

#### EXAMPLE

Three skills I have are that **I can juggle**, I can play soccer, and I can do the splits.



# LESSON PART ONE

# MY SKILLS



# LESSON: PART ONE



DEFINITION

## MY SKILLS

SKILL

The ability to do something well.



# LESSON: PART ONE



REFLECT

## MY SKILLS

- Listening/Attentiveness
- Curiosity
- Perseverance
- Problem Solving
- Public Speaking
- Creativity
- Negotiation

- Risk-Taking
- Time Management
- Flexibility
- Leadership
- Technology Literacy
- Initiative-Taking
- Teamwork

LOOKING AT THESE CATEGORIES, WHAT KINDS OF SKILLS DO YOU HAVE?





# LESSON PART TWO

# MY SKILLS: DJ LIVIA



# LESSON: PART TWO



WATCH A VIDEO

## DJ LIVIA



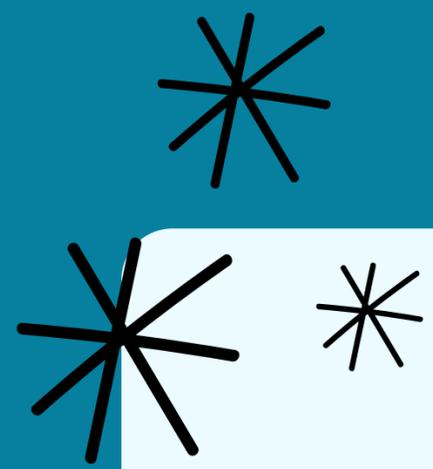
PART ONE



PART TWO



# LESSON: PART TWO



## DJ LIVIA

Using the DJ Livia Video Guide, check all of the skills you noticed DJ Livia uses that help her to be successful in her life as a DJ.





# DEBRIEF / EXTENSION





## YOUR SKILLS

- What are some hobbies and or activities that you participate in that you now see as opportunities to develop and showcase your skills?
- What does it take for you to become a “master” of your skill?

