

Parts of My Tree

KNOW YOURSELF

Name:

Date:

Parts of My Tree

Characteristics of Each

Leaf People	Branch People	Root People

Quote: "You cannot change the people around you, but you can change the people you are around."
What does this quote mean to you? What personal examples can you give?

Think about how you show up in the lives of the three people you are closest to. Are you a leaf, branch or root to the people closest to you?