



**KNOW YOURSELF**

**LEGACY**



# INTRODUCTION

Today, we will:

- \* Reflect on who and where we come from.
- \* Explore “Laila’s Wisdom” by Rapsody.
- \* Create “I am” poems based on our experiences.



# SEL CONNECTION



Today, we will practice **self awareness** by reflecting on our personal histories and inspirations.





# ICEBREAKER

# #IAMAWESOME

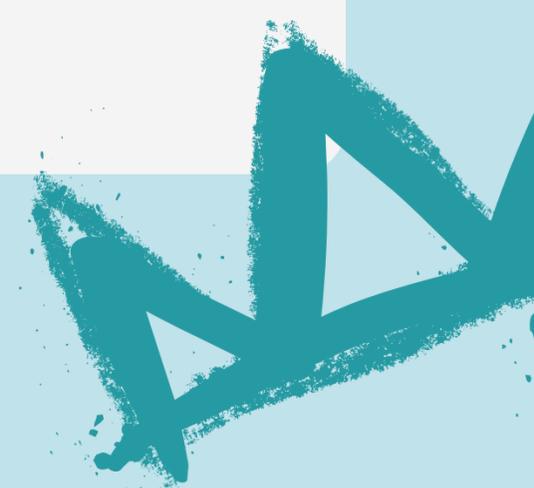


# ICEBREAKER

➤➤➤ GET MOVING!

## #IAMAWESOME

On the board or posters, write 3 words that describe you or your family.





# LESSON PART ONE

# LAHLA'S WISDOM



# LESSON: PART ONE

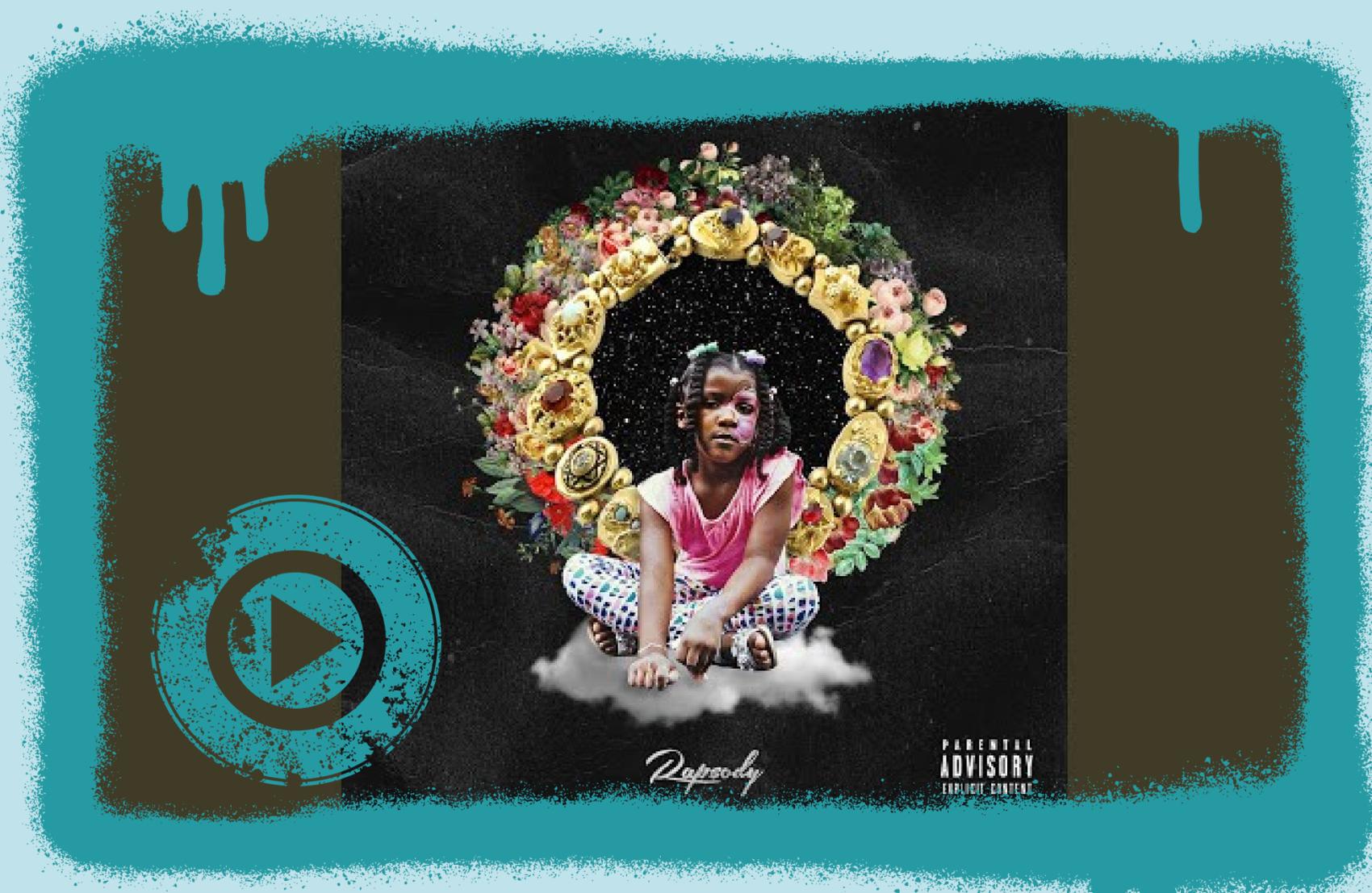


WATCH A VIDEO



## LAILA'S WISDOM

Listen to "Laila's Wisdom" by Rapsody and use the lyrics to follow along.





### LAILA'S WISDOM

- How do these lyrics show where Rapsody comes from?
- Who gave Rapsody this knowledge?





# LESSON PART TWO

# I AM



# LESSON: PART TWO

## I AM

- 1) Use the stems to write your poem.
- 2) Fill in the blanks with your own histories, experiences and family truths.
- 3) Use Rhapsody as an example.

### STEMS

I am.....  
I am....  
I am....  
I am....  
I am....





# DEBRIEF / EXTENSION





## LEGACY

How will you use wisdom and knowledge passed on to you as you move forward?

