



**KNOW YOURSELF**

# **PARTS OF MY TREE**



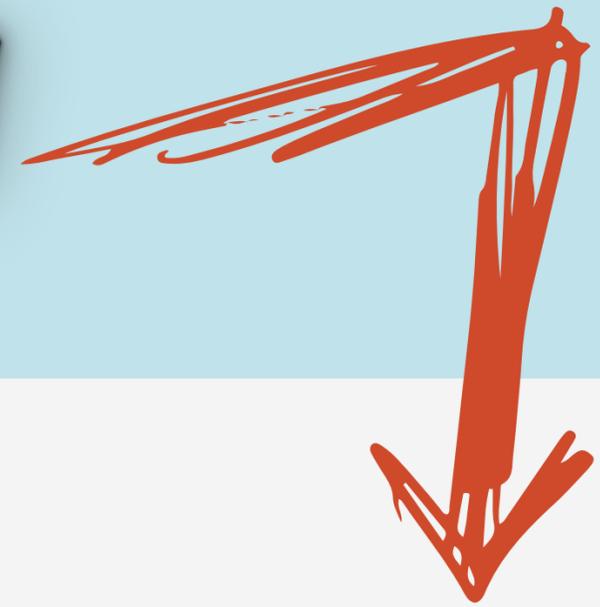
# INTRODUCTION

Today, we will

- \* Consider parts of our family / friend tree.
- \* Reflect on the “leafs,” “branches,” and “roots” in our lives.



# SEL CONNECTION



Today, we will practice **social awareness** by reflecting on the relationships in our lives.





# ICEBREAKER

# SNOWBALL FIGHT



### SNOWBALL FIGHT

- 1) Write a hidden talent on the paper.
- 2) Crumple up your paper.
- 3) Wait for your teacher.





# LESSON PART ONE

# PARTS OF MY TREE



# LESSON: PART ONE



WATCH A VIDEO

## PARTS OF MY TREE

Watch the video and think about the first people who come to your mind as you watch the video.



## PARTS OF MY TREE

Complete the Parts of My Tree worksheet using what you learned from watching the video.





# DEBRIEF / EXTENSION



## PARTS OF MY TREE

- 1) What purpose do leaf, branch and root relationships serve in our lives?
- 2) Draw a tree in your journal and label the tree parts with the names of the people who serve as leaves, branches and roots in your lives.

