



DO THE RIGHT THING

SPEAKING UP AGAINST INJUSTICE



INTRODUCTION

Today, we will

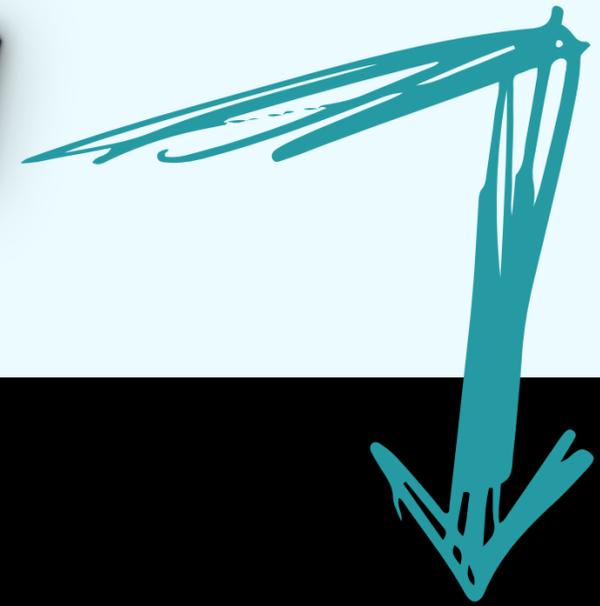
- * Discuss the topic of race in America, focusing on NFL quarterback Colin Kaepernick's peaceful protest.
- * Explore how racism affects our society and discuss the actions we can take to promote equality.

This topic might evoke a range of emotions, such as anger, frustration, sadness, fear, indifference, or mistrust. As we explore this sensitive subject, it's crucial for us to create a positive and respectful environment.

It's important to understand that racism is not a new issue, and it has existed around the world in different forms throughout history. These conversations may not solve everything right away, but we can still make a difference through our actions.



SEL CONNECTION



In order to develop the courage to protest we must develop our **self-awareness, social-awareness, and responsible-decision making** skills.





ICEBREAKER

TAKE A KNEE





TAKE A KNEE

- * **Race:** (n.) a person's identification with one or more social groups, for example "Black" or "African American," "American Indian," "LatinX," "Asian," "Middle Eastern," "Arab," etc.
- * **Racism:** (n.) The mistreatment of a person or group of people based on their race or ethnic group.
- * **Advocacy:** (n.) any action that speaks in favor of or argues against a cause.





TAKE A KNEE

In this activity, we will be exploring the actions of **Colin Kaepernick**, a quarterback for the San Francisco 49ers in 2016, who chose to take a knee during the national anthem to protest police brutality against people of color.





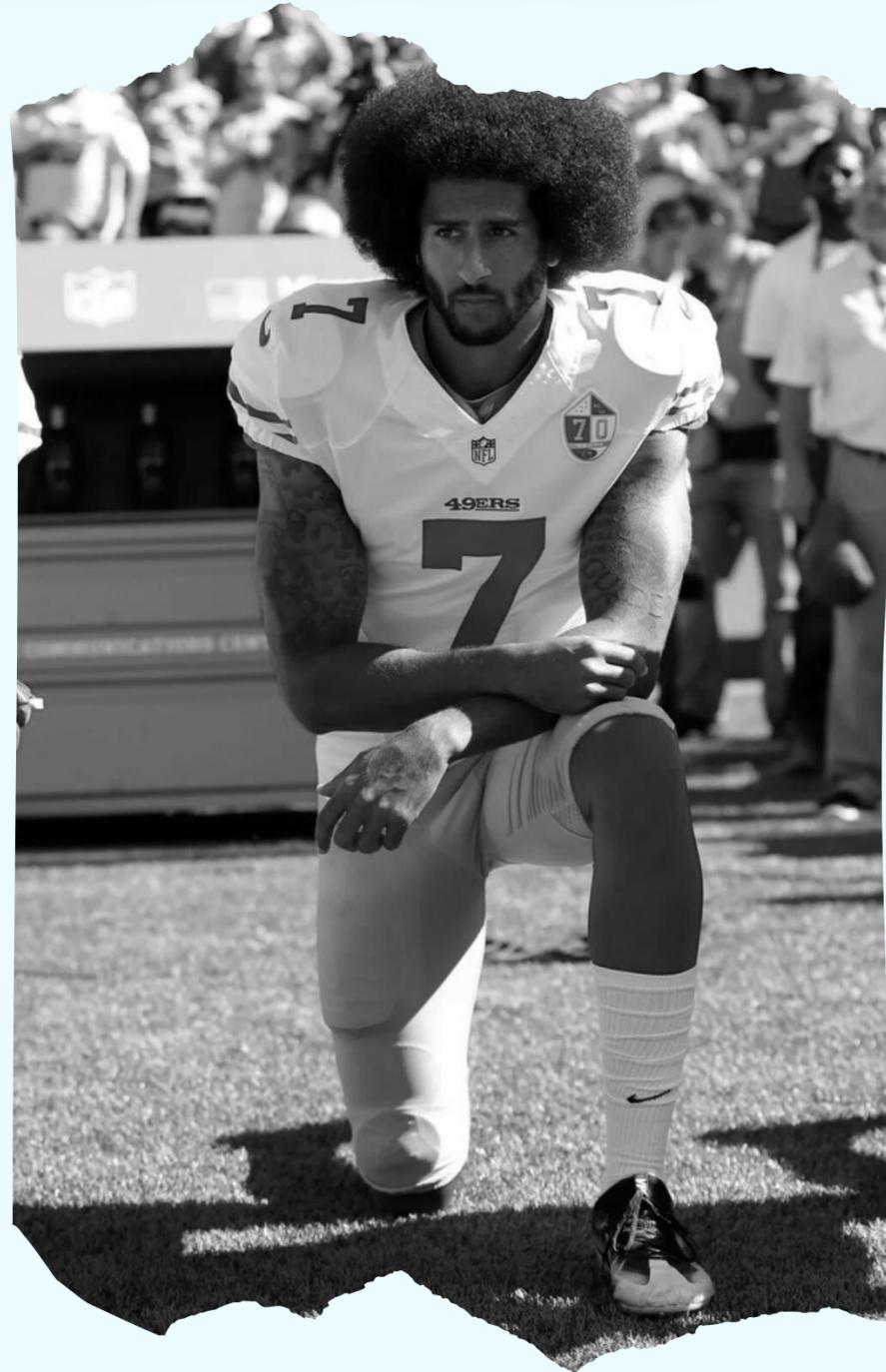
TAKE A KNEE

RACE AND RACISM TEMPERATURE CHECK

- 1) On a scale from 1 to 10, rate your comfort level in talking about race. Take a moment to think about your rating.
- 2) Whole class share out.



ICEBREAKER



TAKE A KNEE

As a group, we will use a KWL graphic organizer to identify what we already know about Colin Kaepernick and why he took a knee.

- What do you know about Kaepernick?
- What have you seen or heard about him in the media?
- What do you want to know or learn about Kaepernick?





LESSON PART ONE

MY SKILLS





MY SKILLS

POLICE BRUTALITY

The excessive and unwarranted use of force by law enforcement. It is an extreme form of police misconduct or violence and is a civil rights violation. It also refers to a situation where officers exercise undue or excessive force against a person.



LESSON: PART ONE



WATCH A VIDEO



MY SKILLS

Watch the video "The Impact of Colin Kaepernick's National Anthem Kneel."





MY SKILLS

Share in groups of 3 and then with the entire class.

- What were some of the positive consequences of Kaepernick kneeling?
- Why do you think Kaepernick used his position as an NFL player to communicate his message, rather than posting on social media or making a speech?
- What were some of the negative consequences of Kaepernick's kneeling?
- Why do you think some people strongly disagreed with Kaepernick's actions?
- Do you think Kaepernick was successful in his mission to speak out against injustice? Why or why not?





DEBRIEF / EXTENSION



NEXT SEASON

- 1) Reflect on a social issue that matters to you (e.g. racism, sexism, homophobia)
- 2) Thinking about Kaepernick's example, how can you address a social issue with your voice?
 - What do you have to say about this issue?
 - What are ways you would solve it?
 - Why is this issue important to you?
- 3) Choose how you will convey your message and develop your message.
(e.g. rap, poem, visual)

