

# 10 Ways to Show Initiative in Life

- 1 Ask Questions:** When we ask questions, it shows how eager we are to learn from others who may be experts in an area we are interested in.
- 2 Make a List:** When we make a list of the things that are important to us, we are more likely to get them done. It also feels great to visually see things being checked off of your list and keeps you motivated to do more.
- 3 Make Mistakes:** We learn more when we allow ourselves to make mistakes.
- 4 Own Your Mistakes:** It does take a lot of courage to not only admit you've made a mistake, but completely own it as your own. Trying to put the blame on anyone but yourself means you're not able to accept the responsibility for those mistakes.
- 5 Use Your Voice:** Speak up and out when needed to make your point heard.
- 6 Set Goals:** The small or short term goals keep us moving towards our larger goals. Goals give us something concrete to strive for.
- 7 Participate Often:** Participate actively and get involved in what you're doing. Taking part in discussions and activities helps make your presence known and shows that you've got enthusiasm for what you're doing.
- 8 Try Something New:** A willingness to embrace new opportunities shows that you've got the initiative to accept new challenges and changes in order to find success.
- 9 Educate Yourself:** Whatever you are passionate or curious about, read, study and learn from others everyday in order to get better in that area.
- 10 Find a Mentor:** A mentor is someone who can assist you in learning more about an area where you may need some additional support or insight.