



# Life Connections

## Note Catcher

Watch ["Pump and Pivot - Kobe Bryant's Signature Moves."](#) Use the graphic organizer below to think about your goals in life and how to achieve them.

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**The Basket:** Represents your goals in life

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**The Opponent:** Represents change or someone/something that is blocking you from reaching your goal (sometimes we are blocking ourselves).

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**The Pump Fake:** Represents times when you have to fake it to make it; meaning you have others believe that you have taken your eye off of your goal when actually, you are focused.

*(Continued below)*



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**The Pivot:** Represents when you have to make changes (adjustments) based on what life is presenting to you in order to find a clear pathway to your goal.

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**The Shot:** Represents when you have a clear direction to achieve your goal. Sometimes you are successful and you make your shot and sometimes you do not, so you may need to keep trying until you make it.