



KNOW YOURSELF

MY HAIR MY STYLE MY RIGHT.



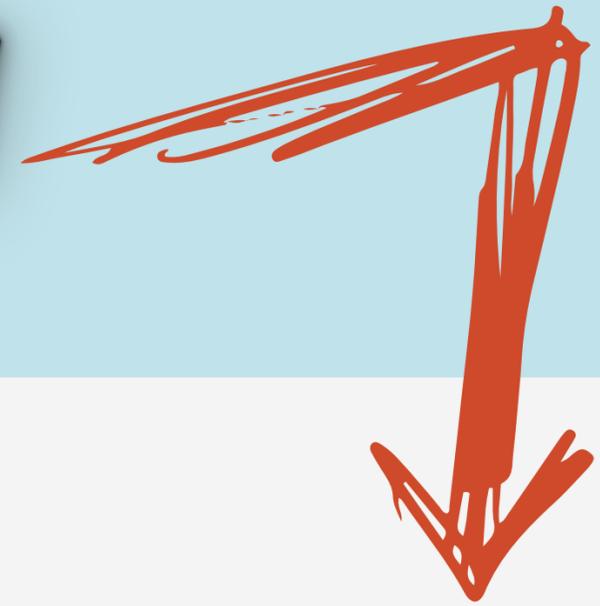
INTRODUCTION

Today, we will explore our relationships to our hair.

In doing so, we will consider the CROWN Act passed in 2019 and discuss the short film, "Hair."



SEL CONNECTION



Today, we will practice **self-awareness** by reflecting on our relationship with our hair and style as well as **social awareness** by considering the ways society positions specific identities and cultural expressions.





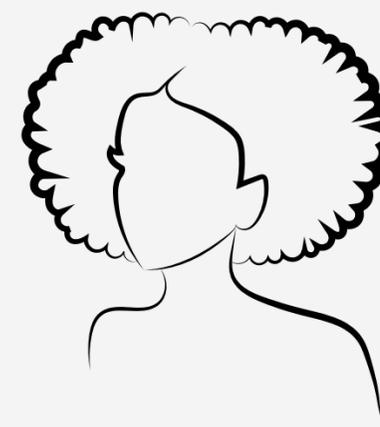
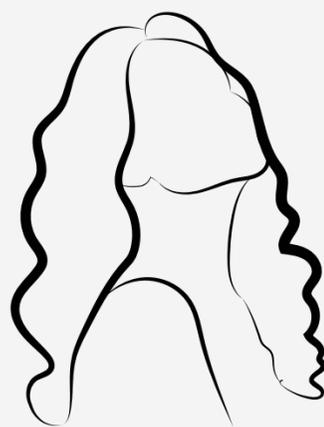
ICEBREAKER

REFLECTING ON OUR HAIR



REFLECTING ON OUR HAIR

Write and share one word that comes to mind when you think of your hair.





REFLECTING ON OUR HAIR

- How do you decide how to style your hair?
- How can our hair affect our self-confidence? Why?
- Who decides what is considered "professional" or "unprofessional" (appropriate / inappropriate) hair?



ICEBREAKER

REFLECTING ON OUR HAIR

BUILDING CONTEXT

- Many Black students, and community members have experienced hair based discrimination in their life
- The CROWN Act was passed in 2019 to address hair based discrimination in the workplace





LESSON PART ONE

HAIR LOVE



LESSON: PART ONE



WATCH A VIDEO



HAIR LOVE

Watch the Oscar®-Winning Short Film, Hair Love.





HAIR LOVE

- How did the mother pass on cultural knowledge to her daughter, Zuri?
- What were some examples of self-love in the short film?
- How did having hair, or not having hair, influence the character's emotions and attitudes?
- What are connections can you make from the film to your family or personal experiences?





LESSON PART TWO

MY HAIR, MY STYLE



LESSON: PART TWO



MY HAIR, MY STYLE

Collect images of hairstyles, clothes, and other forms of expression that represent you.





LESSON PART THREE

MY HAIR, MY RIGHT



LESSON: PART THREE



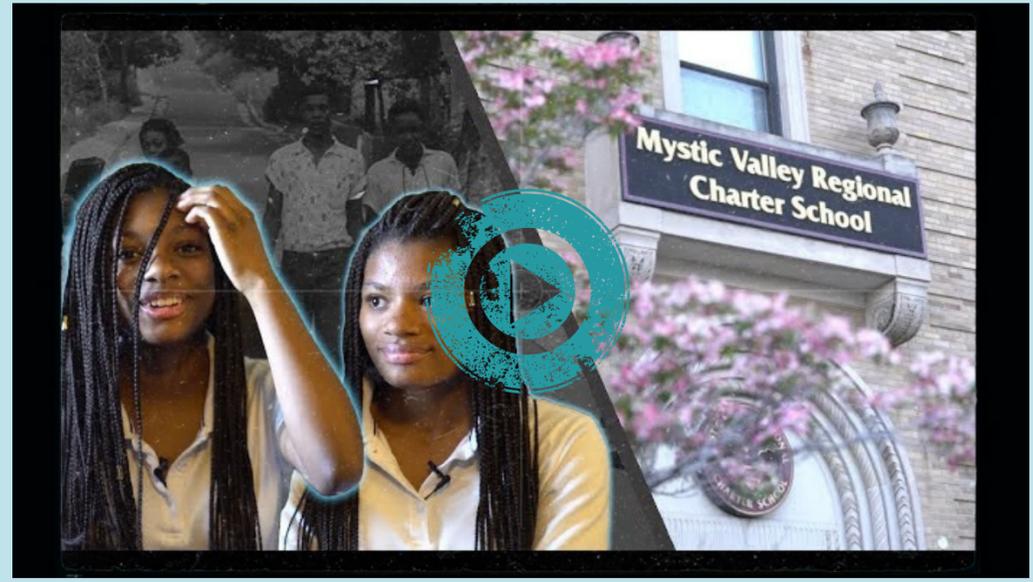
MY HAIR, MY RIGHT



Texas teen threatens legal action after school tells him to cut off locks



Referee's questionable call for wrestler to cut locks



School Punished Black Teens For Hair Extensions



LESSON: PART THREE



TALK ABOUT IT

MY HAIR, MY RIGHT

Read the article, "The CROWN Act: Connecticut State Senate Passes Bill in Near-Unanimous Vote."

DISCUSS:

- How can we support the CROWN Act in our own school?
- How can we celebrate diversity in expression?





DEBRIEF / EXTENSION



DON'T TOUCH MY HAIR



EXTENSION



TALK ABOUT IT

DON'T TOUCH MY HAIR

1) Listen to "Don't Touch My Hair" by Solange

2) Reflect and Discuss:

- What message is Solange sharing in this song?
- What is the definition of consent?
- Why is it important to have consent before touching someone's hair?

