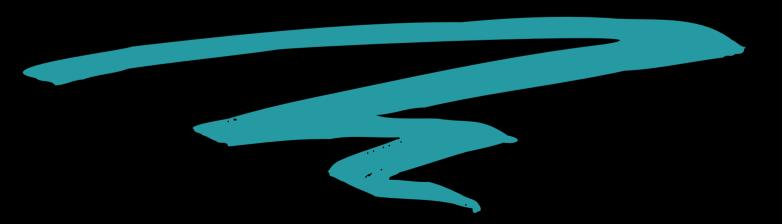






# RESPECTIFIEMIC





Today, we will



Learn about the importance of listening



Introduce the concept of a "talking piece."











# ICEBREAKER

# STORY STARTERS





### ICEBREAKER



#### STORY STARTERS

- 1) Stand in a circle and get ready to make a story together!
- 2) Look at your sentence starter.
- 3) Let's start the story!

#### EXAMPLE

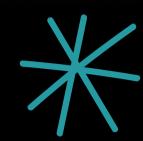
- Starter: "I cannot believe..."
- Student One: "...someone stole my bike!!"
- Continue the story with another sentence starter!



# ICEBREAKER



TALK ABOUT IT



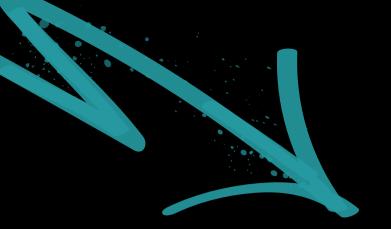




- What was our goal?
- Did we achieve it?
- Why? How?













# LETS PRACTICE





### LESSON: PART ONE



#### H.E.A.R ACRONYM

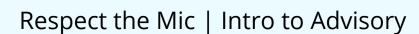
H: Halt and be silent. Be present.

E: Empathy: A feeling that you understand where they are coming from.

A: Anticipate: What is the connection being made? Ask yourself questions to see where the conversation is going.

R: Reflect and review on the conversation, what did it mean? How would you summarize what you heard?





## LESSON: PART ONE





#### LET'S PRACTICE

- 1) Reflect on a funny, interesting, or motivational story from a movie, your life or someone else's.
- 2) One student will be the storyteller, and the other will be the listener.
- 3) Use the H.E.A.R: acronym to guide your listening.



### LESSON: PART ONE



#### LET'S PRACTICE

- Which part of the H.E.A.R acronym did you struggle with?
- How do your family or friends listen to you?
- Who do you feel listens to you the best? Why are they good listeners?
- What next steps will you take to be a better listener?











# ACTIVELISTENING







#### ACTIVE LISTENING

- 1) Watch the video.
- 2) Listen for the 4 tips of active listening.

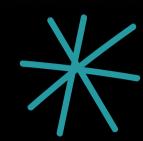




# LESSON: PARTTWO



TALK ABOUT IT



#### ACTIVE LISTENING



- What does it mean to listen to understand?
- Which of the 4 tips do you do well in and which one do you need to work on?





## LESSON: PART TWO



TALK ABOUT IT

#### ACTIVE LISTENING

We will be using a **talking piece** in advisory to ensure that every voice is heard.

When someone has the talking piece, what should be doing with our bodies, eyes and ears?

