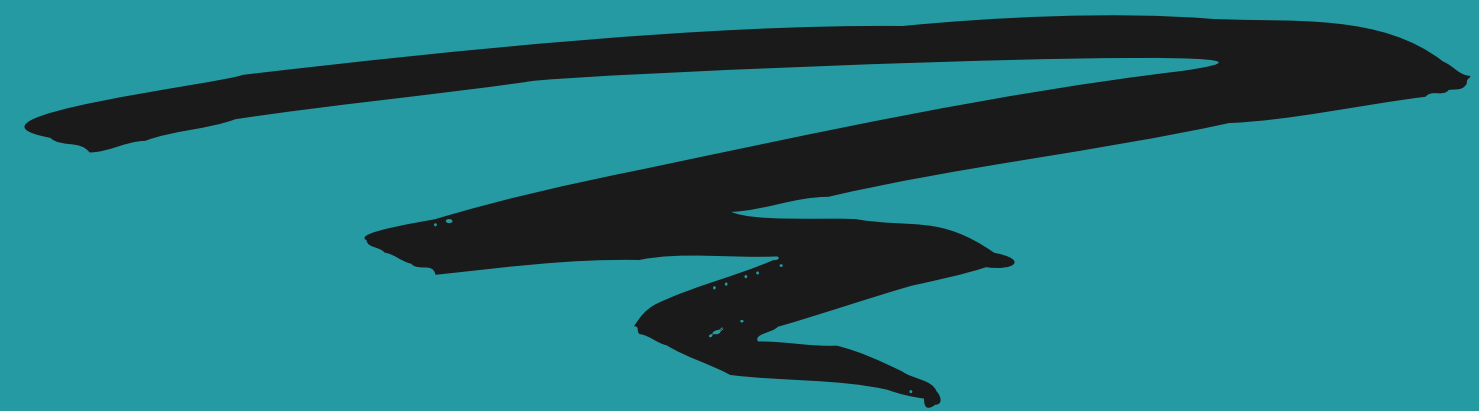




HEALTH IS WEALTH

RETURN TO SCHOOL: A RESET



INTRODUCTION

REFLECT

What were your wins and losses from the previous school year?
What tools do we need to have a great year moving forward?



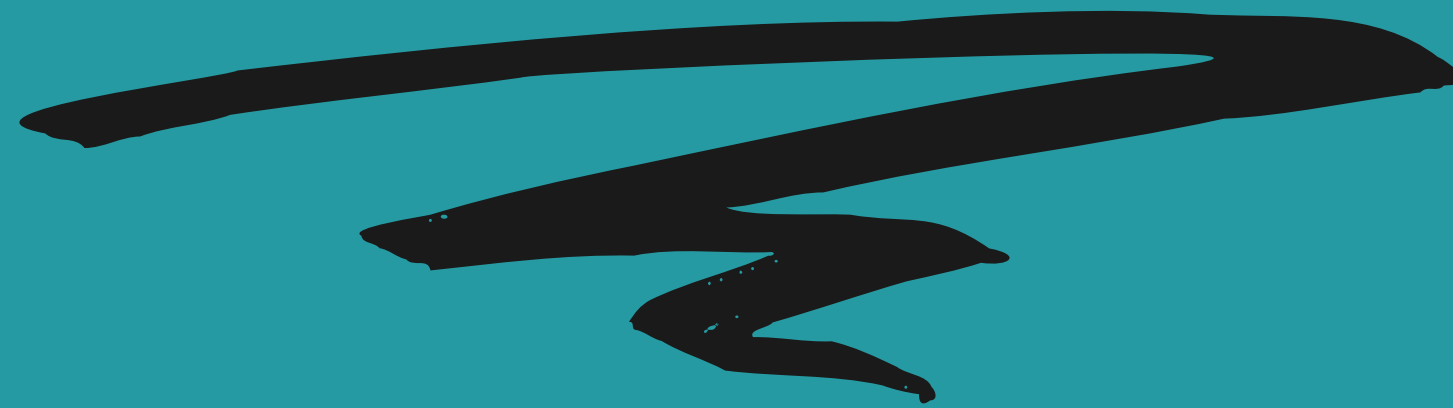
Use [this playlist](#) for lowfi jams.





ICEBREAKER

WINS AND LOSSES FROM
LAST YEAR





WINS AND LOSSES

REFLECT AND DISCUSS:

- What were your “wins” and “losses” of this past school year?
- How do you want this year to be different than last year?
- What “wins” do you want to build on this year? Why?
- What did you learn last year, and how will you apply it to this year?
- What are you proud of from last year?
- What do you want to work on or work towards this year?
- What was your theme song last season or year?





LESSON PART ONE

5 ELEMENTS OF HIP-HOP



LESSON: PART ONE

5 ELEMENTS OF HIP-HOP

As we move on to the new year, let's use hip-hop to think about our classroom.

Flip through the following slides, and shout out your thoughts based on the 5 classic elements of hip-hop. Take 1-5 minutes to think through each slide as a class.





5 ELEMENTS OF HIP-HOP

EMCEE

An emcee is the rapper, host or main speaker for an event or space like the classroom. Let's consider the emcees in our class.

- What are the expectations for when the teacher is speaking?
- What is the expectation for when students are speaking?
- What is the expectation for sharing out loud?
- What is the expectation for individual work? Group Work? Who talks? How many at a time?





5 ELEMENTS OF HIP-HOP

DJ

A DJ is a person or group of people who create the vibe of a space through music, rhythms and mixing. Let's think about how music will exist in our class.

- When can we listen to music?
- Will music be a part of this class? If so, who decides what we listen to?
- Can we co-create what we listen to by making a class playlist?





5 ELEMENTS OF HIP-HOP

GRAFFITI

Graffiti is often associated with our “brand or tag,” and it was created as a form of art and resistance towards oppressive systems. Our name matters in all spaces.

- When people see or hear your name, what do you want it to be associated with?
- How will art exist in this classroom space?



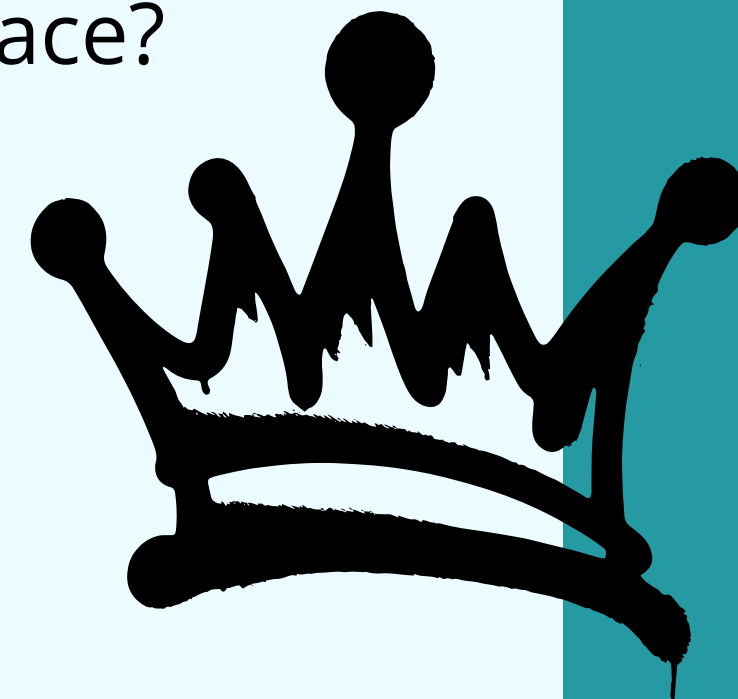


5 ELEMENTS OF HIP-HOP

KNOWLEDGE

Knowledge in hip-hop comes from your-self, your people and your history. It's the underlying message of peace, love and resistance that builds the foundation for hip-hop.

- How will various forms of knowledge be appreciated in this space?
- What types of knowledge is being valued?
- Who is producing the knowledge we are learning?
- How can we be critical of the knowledge we learn?
- What new forms of knowledge are we creating/contributing?





LESSON PART TWO

SETTING INTENTIONS





SETTING INTENTIONS

Let's consider the classroom.

- How do we want it to feel? How do we want it to sound?
- What is important for us to feel safe in the classroom?
- How do we envision each person being heard and respected?
- How do we want to be spoken to and addressed?
- What should be the tone of the classroom?





SETTING INTENTIONS

As students, do we know and understand the following norms and expectations?

- Establish norms and expectations for using the hallway/bathroom
- Set expectations for borrowing pencils / supplies
- Establish norms for asking questions / asking for help in and out of class
- Establish routines on where to find important documents / folders / supplies
- Set expectations for how the class will resolve conflict
- Establish systems for accessing in-school mental health resources, etc.
- Review and discuss broader school expectations, rules and guidelines





SETTING INTENTIONS

Choose one to do before the end of class:

- ★ Create a class playlist using student song suggestion
- ★ Cover/ re-introduce the class syllabus, calendar, timeline – in other words, where is your class headed?
- ★ Take time to build community through non-content related discussions, or discussions of real world events

