



Poetry Toolbox

Note Catcher

LESSON PART ONE

What do you notice about the style or form of this poem?

What effect(s) does this style have on the poem?

What techniques (like rhyming) did this poet use?

What did the poet want us to learn, realize or think about?

(Continued below)



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LESSON PART TWO

5 Social Emotional Skills

- Self-Awareness = knowledge of yourself
- Social-Awareness = knowledge of society
- Responsible Decision Making = making smart choices
- Relationship Skills = managing and maintaining healthy relationships
- Self-Management = having self-control, self-regulation

Assign SEL skills to the Poetry Videos:

Example: "Video X matches Relationship Skills because the poet is talking about healthy boundaries in her relationship."

Video 1 matches _____ skills because...

Video 2 matches _____ skills because...

(Continued below)



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LESSON PART THREE

CHOOSE A TOPIC:

- Self-Awareness** = write about yourself, your life, your story, your strengths
- Social-Awareness** = write about your community, the world, the internet
- Responsible Decision Making** = write about choices you've made
- Relationship Skills** = write about relationships in your life and how they make you feel, or write a poem about relationship skills you still need
- Self-Management** = write about what's like to be you, write a poem about how you regulate yourself

CHOOSE YOUR POETRY DEVICES:

- Rhyme
- Not rhyming
- Use of capital letters, undercase letters and interesting punctuation
- Imagery - make the reader SEE your poem
- Use your 5 senses to write: see, taste, touch, hear, smell
- Repetition - repeat, repeat, repeat!
- Humor, anger, joy, curiosity

CHOOSE YOUR FORM:

- Original poem
- Rap / Song
- Rant
- Letter (Dear.....)
- Play with spacing and visuals
- Concrete poems (see examples in Icebreaker)

(Continued below)



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LESSON PART THREE (CONTINUED)

Write your own poem.