



**KNOW YOURSELF**

# MEMO



# INTRODUCTION

## MEMO

Today, we will use the lyrics to “Memo” by Kota the Friend as a template on how to write a memo, letter or note to ourselves or a loved one.



# SEL CONNECTION



Students will self-reflect on their own lives and lessons learned in order to convey emotion and increase their **self-awareness, social-awareness,** and **relationship skills** by writing a memo to a loved one.





# ICEBREAKER

# #WORDSOFWISDOM





### #WORDSOFWISDOM

#### WORDS OF WISDOM

Inspiring quotes, phrases, or encouraging words that people remember through their lives.



## #WORDSOFWISDOM

Think about a family member, friend, or artist who has offered you words of wisdom throughout your life.

- Share your Words of Wisdom with a partner.
- Write your Words of Wisdom down using the graphic organizer.



### EXAMPLES

- "Be the change you want to see in the world."
- "Family comes first."
- "How you practice is how you preach."
- "I hope you never trade a better view for a better view" - Kota the Friend.





# #WORDSOFWISDOM

In groups of 3, discuss the following questions.

- Share your #wordsofwisdom
- Tell us about the person who shared this wisdom or quote with you and why it's stuck with you.
- How could you use these #WordsofWisdom to write a memo?





# LESSON PART ONE

# "MEMO" BY KOTA THE FRIEND ANALYSIS





### "MEMO" SONG ANALYSIS

**MEMO**

A written piece, typically an update on a moment of time, meant to convey a message quickly and efficiently.



# LESSON: PART ONE



WATCH A VIDEO

## "MEMO" SONG ANALYSIS

As you listen to "Memo" by Kota the Friend, follow along with the lyrics and start making:

- Notes
- Annotations
- Highlights that resonate with you.





### "MEMO" SONG ANALYSIS

- What is a memo, and how does this song serve as an example of a memo?
- What stands out to you about the lyrics in "Memo"?
- Which set of lyrics from the song is your favorite?
- How does Kota the Friend incorporate #WordsofWisdom into his song?
- How does Kota the Friend express self-reflection and emotions in the song?





## "MEMO" SONG ANALYSIS

### TURN AND TALK

- Why is it important to write a "memo" to ourselves?
- Why is it important to write a "memo" to a loved one?
- Who would you like to write a memo to in order to express your love, gratitude, or well wishes?
- What do you think will be challenging about writing a memo?
- What will your memo be about, and who will you write it to?





# LESSON PART TWO

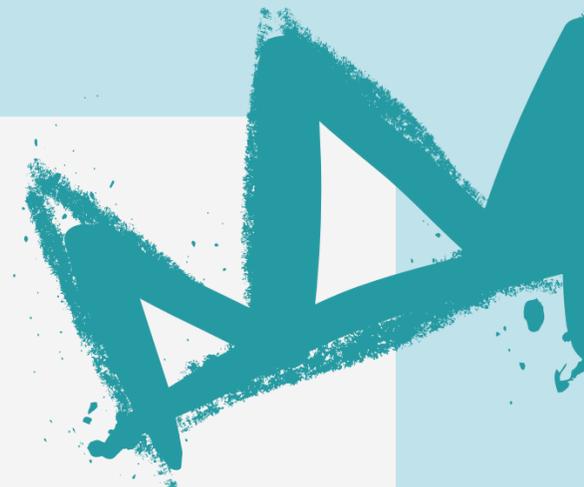
# MY OWN MEMO



## MY OWN MEMO

It's time for you to create your own written "memos."

- \* Your memo should be at least three-quarters to a full page long
- \* You can use "Memo" by Kota the Friend as a mentor text.
- \* Select the audience for your memo:
  - Option 1: **Write a memo to yourself**, reflecting on your life and sharing words of wisdom.
  - Option 2: **Write a memo to a loved one or friend**, updating them or expressing gratitude, similar to Kota the Friend's approach.





### MY OWN MEMO

#### HALFTIME BREAK / TURN AND TALK

- Take 5 minutes to turn and talk with a classmate.
- Share what your memo entails so far.
- Share ideas your partner can add to their memo.





### MY OWN MEMO

#### MEMO SLAM

Complete your memo and share with the class.

Convey your emotions as you share.



#### EXIT REFLECTION

- What felt good about writing your own memo?
- What was challenging about writing your own memo?
- How can you apply the strategy of writing memos in your own life?

