



INTRO TO SEL

RESPONSIBLE DECISION MAKING



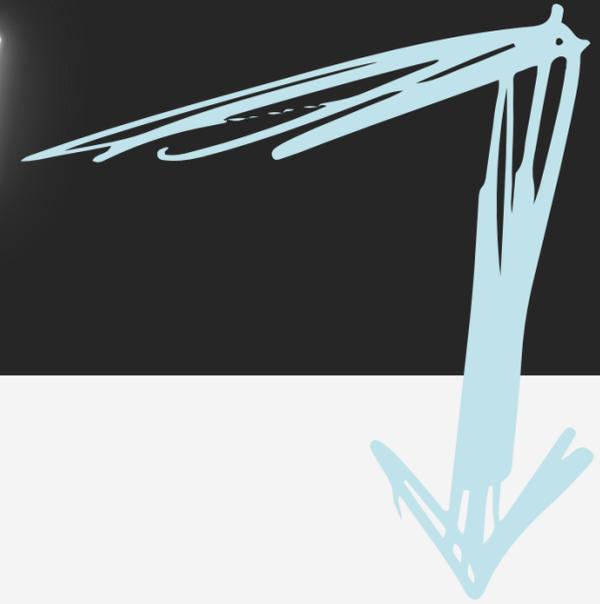
INTRODUCTION

Today, we will:

- * Play an icebreaker game of “this or that” to practice making quick “right” decisions
- * Explore the definition of responsible decision making
- * Analyze a set scenarios in order to think through decisions and their impact



SEL CONNECTION



Today, we will practice **Responsible Decision Making** by thinking through different scenarios that require responsible decisions in order to reach a desired outcome.





ICEBREAKER

THIS OR THAT



THIS OR THAT

- 1) We will be playing a game that requires us to get up and move.
- 2) If you agree with Choice 1 (THIS), move to one side of the room. If you agree with Choice 2 (THAT), move to the other.



ICEBREAKER

➤➤➤ GET MOVING!

THIS OR THAT

THIS

1 million dollars in ten years.

THAT

\$500,000 today.



ICEBREAKER

➤➤➤ GET MOVING!

THIS OR THAT

THIS

A teacher who does not care if you finish homework

THAT

A teacher who challenges you to complete your work



ICEBREAKER

➤➤➤ GET MOVING!

THIS OR THAT

THIS

Friends who spend all day on social media

THAT

Friends who always play outside



ICEBREAKER

➤➤➤ GET MOVING!

THIS OR THAT

THIS

Spend all your money today on clothes and shoes

THAT

Save your money for future expenses



ICEBREAKER

➤➤➤ GET MOVING!

THIS OR THAT

THIS

Plan for your future

THAT

Wait to see what happens



ICEBREAKER

➤➤➤ GET MOVING!

THIS OR THAT

THIS

Continue to blame others for poor decisions you make

THAT

Take ownership of the decisions you make



ICEBREAKER

➤➤➤ GET MOVING!

THIS OR THAT

THIS

Ignore a friend who is cyber bullying another student

THAT

Share why cyber bullying isn't the right thing to do with your friend





LESSON

PART ONE

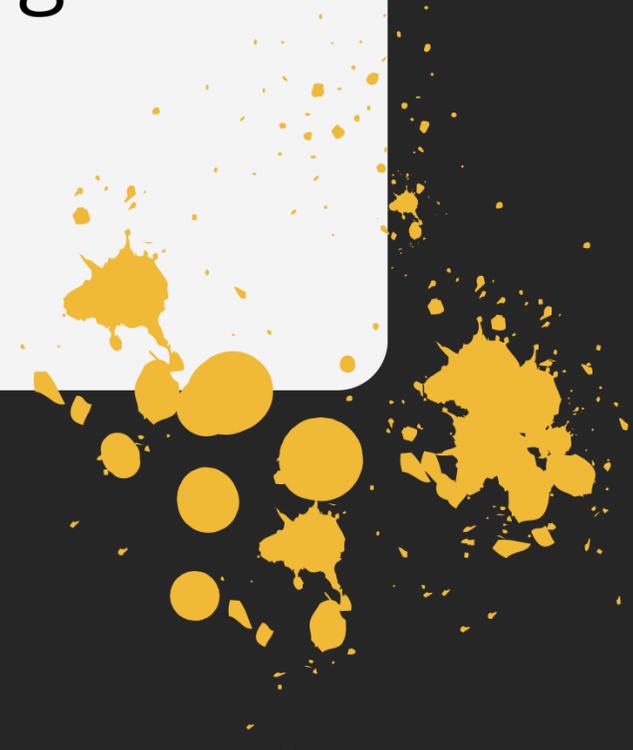
RESPONSIBLE DECISION MAKING





RESPONSIBLE DECISION MAKING

How would you define responsible decision making?





RESPONSIBLE DECISION MAKING

RESPONSIBLE DECISION MAKING

The ability to make constructive and respectful choices about personal behavior and social interactions based on respect, safety concerns, and the wellbeing of self and others.

In other words, making decisions that will positively impact yourself and others.





RESPONSIBLE DECISION MAKING

- What does this definition mean to you?
- Can you put this definition in your own words?



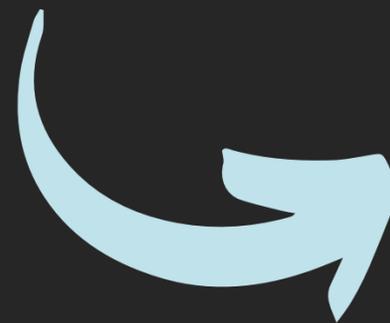
LESSON: PART ONE



WATCH A VIDEO

RESPONSIBLE DECISION MAKING

Watch Scoot Henderson talking about spending and saving money and how it makes him feel.





RESPONSIBLE DECISION MAKING

- Is Scoot Henderson making a responsible decision by saving his money rather than spending it? Why or why not?
- What's an example of responsible decision making in your own life?





LESSON

PART TWO

PRACTICE!



LESSON: PART TWO



PRACTICE!

In your groups, use the graphic organizer to choose one scenario to discuss.

Write about the responsible decisions the person in the scenario should make in order to reach their goals.



LESSON: PART TWO



TALK ABOUT IT

PRACTICE!

- What is responsible decision making in your own words?
- Is responsible decision making easy? Why or why not?
- How will you make good decisions moving forward?

