



DO THE RIGHT THING



A CHANGE IS GONNA COME



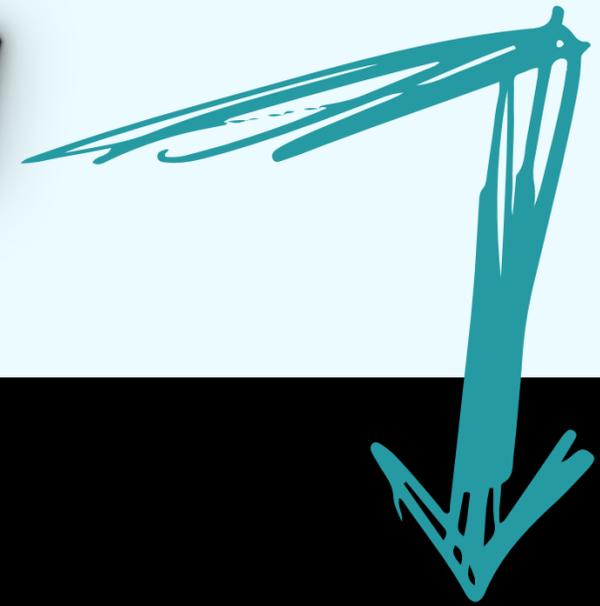
# INTRODUCTION

Today, we will:

- \* Understand the concept of self-advocacy and its relevance to addressing important issues.
- \* Explore practical strategies for effective self-advocacy.
- \* Take action on issues that matter to us.



# SEL CONNECTION



Effective self-advocacy involves **responsible decision-making**. To bring about the change you're advocating for, it's crucial to be mindful and accountable for how you manage your time and plan your actions.





# ICEBREAKER

# GET UP, STAND UP



## GET UP, STAND UP

- 1) Share a brief personal story about a time when you stood up for someone or someone stood up for you. Emphasize how it made you feel and why it was important.
- 2) Circle Up: Whole Class Share Out





# LESSON PART ONE

# TEENAGER TAKES ACTION







### TEENAGER TAKES ACTION

#### SELF-ADVOCACY

Speaking up for yourself and what is important to you. It means you have a voice of your own, and you use it.



# LESSON: PART ONE



## TEENAGER TAKES ACTION

1) Watch the video about teenage activist Marley Dias.

2) Pair-Share, then Whole Class Share to answer the following questions:

- How has Marley Dias demonstrated self-advocacy?
- What steps did she take?
- Why was it important for her to do this work?







# LESSON PART TWO

# TEAM WORK MAKES THE DREAM WORK





### TEAMWORK MAKES THE DREAM WORK

In groups, create a simple action plan outlining how you would approach advocating for your issue. Use the graphic organizer for guidance.

Once done, we will share out our responses.

