

Name: _____ Date: _____

RESILIENCE IN VERSE AND RHYME

Read excerpts from selected works by Maya Angelou, Amanda Gorman, and Rapsody



Maya Angelou, "Still I Rise"

You may shoot me with your words
You may cut me with your eyes
You may kill me with your hatefulness
But still, like air, I'll rise.



Amanda Gorman, "The Hill We Climb"

For there is always light
If only we're brave enough to see it
If only we're brave enough to be it.



Rapsody, "Crown"

Just as sure as the earth is round
We bounce back up when they throw us down
So don't forget your crown

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DISCUSSION QUESTIONS

How does the poetry and music of Maya Angelou, Amanda Gorman, and Rapsody inspire positive change and create a brighter future for all young people? Share at least one example connected to one of these SEL competencies.

- **Self awareness:** understanding your own thoughts, feelings, and actions, which can help you learn from mistakes and improve yourself.
- **Social awareness:** being aware of other people's feelings and perspectives, which can motivate you to be kind and considerate in your interactions with others.
- **Responsible Decision-Making:** thinking about the consequences of your actions and choosing what's best for yourself and those around you, which can inspire you to make positive choices and contribute to a better world.

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DISCUSSION QUESTIONS

Discuss the importance of resilience, hope and finding joy in facing challenges. Share examples from your life, movies or music you like.



What line do you connect with most? Why?