

DO THE RIGHT THING

RESILIENCE IN VERSE AND RHYME



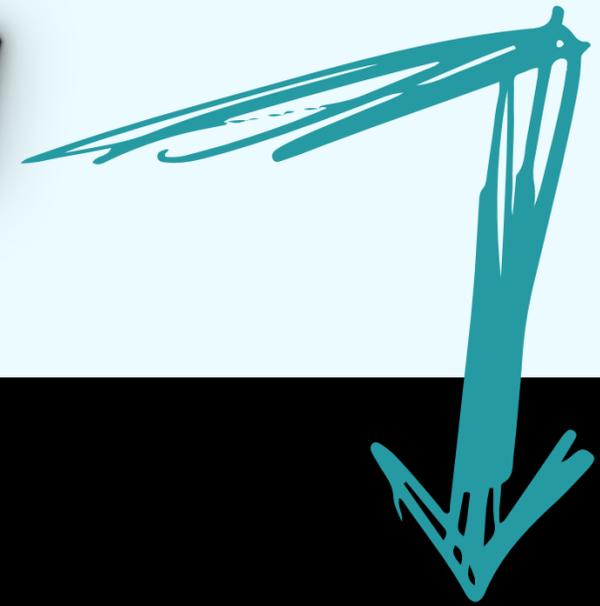
INTRODUCTION

Today, we will:

- * Learn how Maya Angelou's powerful words and fearless activism inspired Rapsody and Amanda Gorman to use their own voices for change
- * Write our own poems, song lyrics, letters or visuals inspired by the themes of resilience, empowerment, and finding joy



SEL CONNECTION



Today, we will practice **self-awareness**, **social-awareness**, and **responsible decision-making** by recognizing that our voices and thoughts are necessary and important.





ICEBREAKER

IMPACT CIRCLE



IMPACT CIRCLE

1) Form a circle and take turns sharing about someone who has had a positive impact on your life.

* It could be a historical figure, a current role model, or someone personally significant.

2) The first person to share will choose the next person to step into the center and share, then we'll repeat the process.

SNAP, CLAP, CHEER FOR YOUR CLASSMATES!





LESSON
PART ONE

INTERWOVEN LEGACIES





INTERWOVEN LEGACIES

What do you know about Maya Angelou, Rapsody or Amanda Gorman?





INTERWOVEN LEGACIES

Poetry and music can change how people feel and think about important issues like fairness and equality, racism, sexism, homophobia, etc.

They use words and sounds to help us understand big problems and inspire us to work together to make things better.





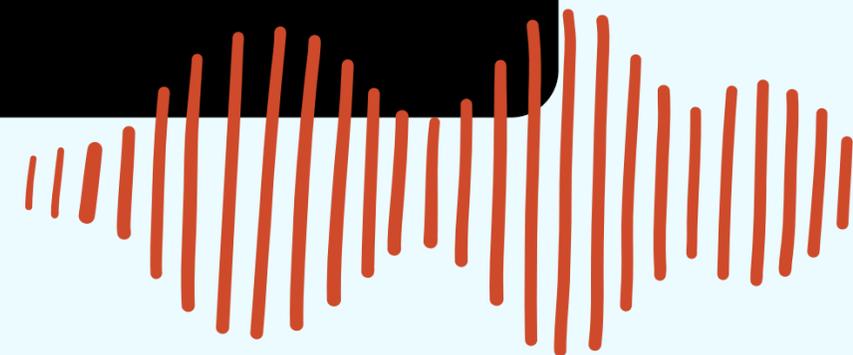
INTERWOVEN LEGACIES



*I DON'T EVER FEEL I HAVE NO HELP,
I'VE HAD RAINBOWS IN MY CLOUDS.*



What does this quote mean to you?





MAYA ANGELOU

Born in 1928, Maya Angelou was a renowned poet, author, and civil rights activist whose work championed themes of resilience, empowerment, and social justice.

- She gained widespread acclaim for her autobiography "I Know Why the Caged Bird Sings," which vividly depicted her experiences growing up in the Jim Crow South.
- Angelou's iconic poem "Still I Rise" became a rallying cry for marginalized communities, inspiring countless individuals to persevere in the face of adversity.



LESSON: PART ONE



WATCH A VIDEO

INTERWOVEN LEGACIES

- 1) Watch this video about Maya Angelou.
- 2) Capture notes related to one of the following SEL competencies: self-awareness, social-awareness or responsible decision-making.





RAPSODY

Born in 1983, Rapsody is a highly respected rapper and lyricist known for her intricate wordplay, thought-provoking storytelling, and conscious lyricism.

- She emerged as a prominent figure in hip-hop with her debut album "The Idea of Beautiful" in 2012, garnering critical acclaim for her socially conscious themes and impeccable lyricism.
- Rapsody's music challenges stereotypes and empowers listeners with messages of self-love, resilience, and social justice, making her a revered figure in the rap community.



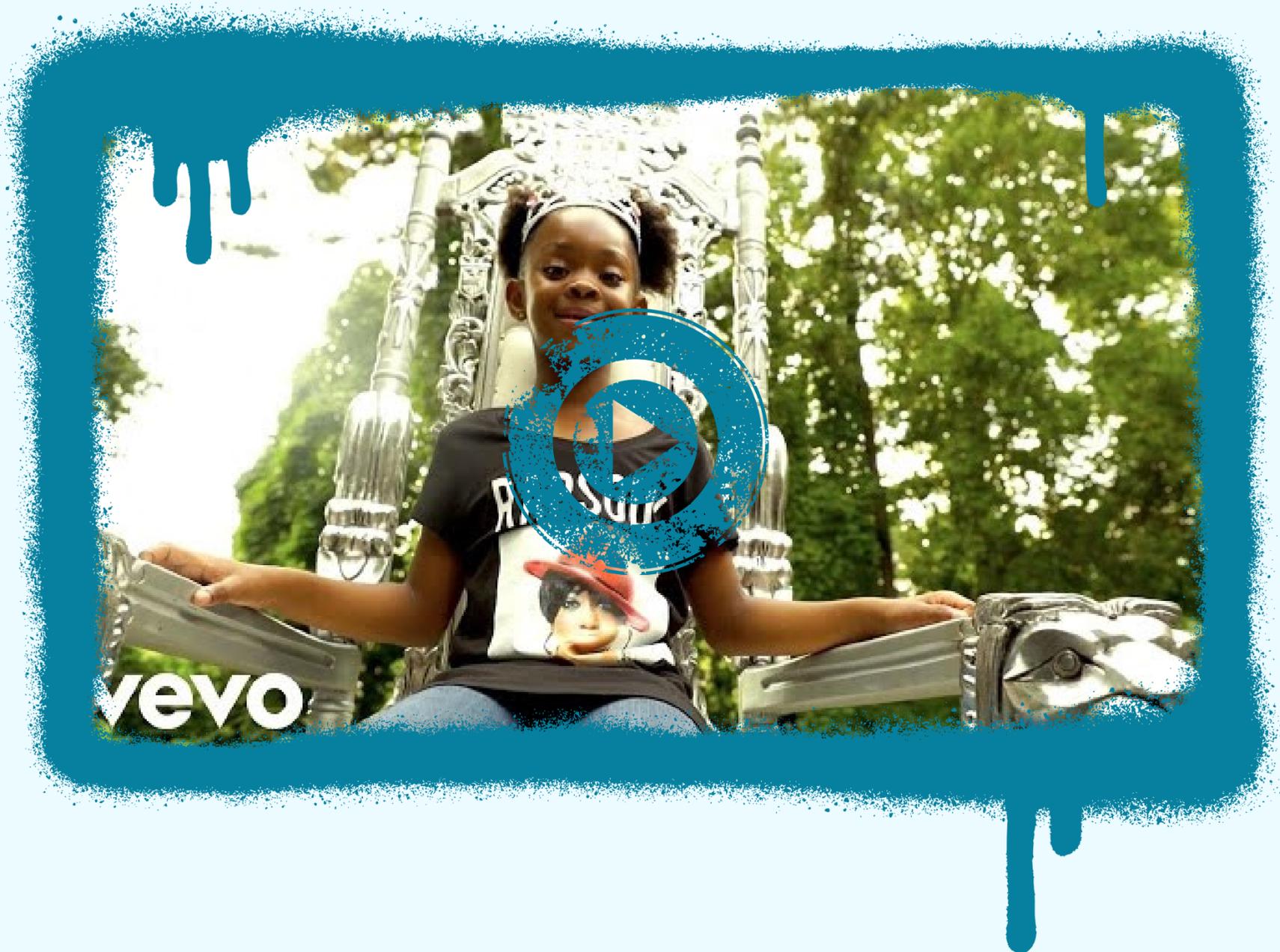
LESSON: PART ONE



WATCH A VIDEO

INTERWOVEN LEGACIES

- 1) Watch Rapsody's video for "Crown."
- 2) Capture notes related to one of the following SEL competencies: self-awareness, social-awareness or responsible decision-making.





AMANDA GORMAN



Born in 1998, Amanda Gorman is a groundbreaking poet and activist whose work emphasizes themes of resilience, identity, and social change.

- Gorman gained widespread acclaim for her performance of "The Hill We Climb" at the 2021 presidential inauguration, becoming the youngest inaugural poet in U.S. history.
- Her poetry inspires hope, earning her recognition as a leading voice for her generation.



LESSON: PART ONE



WATCH A VIDEO

INTERWOVEN LEGACIES

- 1) Watch the video about Amanda Gorman.
- 2) Capture notes related to one of the following SEL competencies: self-awareness, social-awareness or responsible decision-making.



LESSON: PART ONE



POETS, LYRICISTS, AND WRITERS

**INSPIRE AND MOTIVATE OTHERS TO
SPEAK UP FOR POSITIVE CHANGE**



**BORN IN DIFFERENT ERAS YET SHARE
A SPIRIT OF COURAGE AND ACTIVISM**





LESSON PART TWO

POETRY BREAKDOWN



LESSON: PART TWO



POETRY BREAKDOWN

Maya Angelou "Still I Rise"

You may shoot me with your words
You may cut me with your eyes
You may kill me with your
hatefulness
But still, like air, I'll rise.

Rapsody "Crown"

Just as sure as the earth is round
We bounce back up when they throw us down
So don't forget your crown

Amanda Gorman "The Hill We Climb"

For there is always light
If only we're brave enough to see it,
If only we're brave enough to be it.



POETRY BREAKDOWN

- What line do you connect with most? Why?
- How does the work of Maya Angelou, Amanda Gorman, and Rapsody inspire positive change and create a brighter future for all young people?
- Share at least one example connected to one of these SEL competencies: self-awareness, social-awareness, responsible decision-making.
- Discuss the importance of resilience, hope, and finding joy in facing challenges. Share examples from your life, movies or music you like.





LESSON PART THREE

RESILIENCE, EMPOWERMENT & JOY



LESSON: PART THREE



RESILIENCE, EMPOWERMENT & JOY

Write your own poems, song lyrics, letters or visuals inspired by the themes of resilience, empowerment, and finding joy.



LESSON: PART THREE



RESILIENCE, EMPOWERMENT & JOY

Optional: Watch Amanda Gorman recite her poem "The Hill We Climb"



LESSON: PART THREE



SHARE OUT

RESILIENCE, EMPOWERMENT & JOY

CIRCLE SHARE & CYPHER

Share out your work

