



Name: \_\_\_\_\_

Date: \_\_\_\_\_

**SKILLS FOR SUCCESS**

	I need to develop this skill	I'm developing this skill	I have this skill	I'm excelling with this skill
<p><b>Time-Management</b> <i>Time management is like planning your day with a strategy to make sure you have enough time for homework, play, and rest.</i></p>				
<p><b>Organization</b> <i>Organization is keeping your things and ideas neat and ordered, like sorting your school supplies or making a list of what you need to do, so you can find them easily and get things done faster.</i></p>				
<p><b>Goal Setting</b> <i>Setting clear, achievable goals can help you make consistent progress.</i></p>				
<p><b>Stress Management</b> <i>Stress management is finding ways to relax and not let worries take over, kind of like taking deep breaths or a time-out when a something gets too hard.</i></p>				
<p><b>Communication</b> <i>Communication is sharing your thoughts and listening to others. It is also about asking for help when you need it or getting advice from a person you trust.</i></p>				

